MONTESSORI CURRICULUM

3-year cycle (ages 3 to 6 years)

PRACTICAL LIFE

Exercises of Practical Life (EPL) activities help a child develop concentration and become more independent. This subsequently results in higher self-confidence.

EPL activities also play a critical role in development of self-esteem and self-worth in a child. As the child develops basic abilities and a greater sense of self-worth, he/she becomes more open to trying out new things and taking up new challenges.

Another focus area of EPL activities is development of bodily functions and motor skills. As the child practices EPL activities, his/her fine and gross motor skills get refined. This also leads to better hand-eye coordination.

Longer-term benefits

Higher concentration levels and better motor skills Development of logical thought patterns

Increased sense of independence Higher self-confidence and self-esteem Sense of dignity of labour

Useful for careers in

Medicine, surgery

Fine arts

Graphic design, architecture - Industrial design

Sports, aviation

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Cylinder blocks

Grading 1

Grading 2

Pink tower

Exercise

Brown stairs

Exercise

Sound boxes

Touch boards

Grading

Fabrics

Pairing

Name lesson

Name lesson

Rectangular Box

Triangular Box

Blue Triangles

Red rods

Exercise

Color tablets

Pairing with Box 1

Pairing with Box 2

Geometry cabinet

Presentation trav Name lesson with tray

Working with drawer 1

Working with drawer 2

Working with drawer 3

Working with drawer 4

Working with drawer 5

Working with drawer 6

Pairing with 1 set of cards

Pairing with 2 set of cards

Pairing with 3 set of cards

Name lesson of polygons 1

Name lesson of polygons 2

Name lesson polygons 3

M1, M2

G1, G2

With cards

Slicing Trinomial cube

Decanomial

Leaf cabinet

Binomial cube Making in the box Making outside the box

Geometric solids All solids

Name lesson of all

Making in the box

Making the square

Making outside the box

Making individual squares

Grading with Box 3

M2

Knobless cylinders

Constructive triangles

Large Hexagonal Box

Small Hexagonal Box

Working with 2 boxes

Working with 3 boxes

Working with 4 boxes

Name lesson (Positive)

Name lesson (Comparative)

Name lesson (Superlative)

Name lesson of Primary Colors

Name lesson of Secondary Colors

Name lesson of Tertiary Colors

Arranging the stair

Working with individual boxes

Baric tablets

Pairing

Arranging the stair

Name lesson (Positive)

Smelling bottles pairing

Working with board 1

Working with board 2

Working with board 3

Working with board 4

Pairing (heavy and light)

Pairing (medium and light)

Name lesson (Comparative

Name lesson (Superlative)

M1

M2

Name lesson

Working with 2 blocks

Working with 3 blocks

Working with 4 blocks

Reverse pairing at random

Name lesson (Comparative)

Reverse pairing in succession

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SENSORIAL

Sensorial activities help a child develop and refine the key senses through which he/she communicates with the external world.

These are the senses of sight (visual), smell (olfactory), touch (tactile), taste (gustatory) hear (auditory), weigh (baric), hotness (thermic) and perceiving without seeing

These activities also indirectly introduce mathematical concepts (such as algebra, geometry, arithmetics) and help prepare for writing. Many of the sensorial activities also incorporate age-appropriate exercise of muscles that leads to physical development.

Longer-term benefits

- Improves imagination and intuitive understanding of concepts

Leads to refinement of senses - Develops better aesthetic sense

- More awareness of the environment - Logical thinking and structured approach

Useful for careers in

Sensorial activities

- Culinary fields, hospitality industry - Psychiatry

- Interior design, advertising - Film-making and photography

- Fashion industry

LANGUAGE

Montessori language activities systematically introduce linguistic concepts and help develop language skills in a manner consistent with natural growth.

Sounds (phonics) are introduced first, followed by combining and splitting of sounds for formation of words. This results in non-rote learning of words/spellings, which aids independent reading. Writing is introduced thereafter, by starting with the physical preparation of the hand/muscles.

The mixed-age-group environment - a unique characteristic of Montessori pedagogy helps in better adjusting and expressing one-self in a social setup. This also leads to higher confidence levels and better teamwork.

Longer-term benefits

Higher confidence in expressing oneself

Equips with creative writing skills Develops love for reading and writing

Better calligraphy Better reading abilities and preparedness for writing

Useful for careers in

Dramatics, literature and creative writing Advertising and mass communication

Journalism, politics and leadership

MATHEMATICS

Montessori maths activities introduce mathematical concepts in a concrete (as agains abstract) manner. This leads to more intuitive understanding of numbers and maths

The activities begin with introduction to quantities and relative sizes. Numerals are introduced later as symbols that represent quantities. Manipulation of the numbers with operators such as addition, subtraction, division and multiplication are introduced

Geometrical shapes introduced as part of EPL activities prepare the child for intuitive understanding of geometry. These preliminary concepts in combination with the mathematical concepts act as a foundation for later study.

Longer-term benefits

More intuitive understanding of mathematical concepts

Leads to better visual imagination Reduces likelihood of maths phobia

- Develops methodical problem solving approach - Stronger quantitative and logical foundation

Useful for careers in

Research and technology

- Pure and social sciences **Economics**

Accounting and financial analysis Engineering

 Cartography - Sociology

CULTURE

Culture activities help create general awareness about the world. These include introduction to the globe/earth and maps of the world, continents, countries and

These also include concepts of water bodies in relation to land bodies (such as an island, a river, a lake, an archipelago etc.) that are introduced with the help of physical

Furthermore, the culture activities include basic biology/botany such as parts of an animal, an amphibian, a fish, a flower, a plant and a tree.

Longer-term benefits

Useful for careers in

Creates greater general awareness Leads to better contextualization of the world around Develops curiosity about surroundings

- Instils an interest about current affairs - Broadens the horizon

- Film-making Zoology, botany

Public service, administration

List of activities

Language activities

Enrichment of vocabulary Classified cards I Spy game

Objects of the environment Question Game

Language training News Period

Story telling

Public Speaking WRITING STAGES

Sand paper letters

c, t

s, r

l, m n, f

w, g

h, b

y, x Metal Inset

Movable alphabets 3 letter words

4 letter words 5 letter words

Cards /Objects Introduction to total reading Reading

Object box Object box 1

Object box 2

Action cards 1 Pictures and cards

Silent reading

Reading exercise cards Intro to diphthongs/ phonograms

oo, sh, ee, oi, ch th, ue, ar, ow, ie

oy, or, ai, ph Moveable alphabets

Object box (introduction)

Object box 1 Object box 2

Action cards Function of words

Article Adjective

Logical Adjective Adjective Game Conjunction

Preposition

Word study Collective names

Singular Plural Gender

Antonyms Synonyms

Compound words Comparative and superlatives

Question game Reading classification WRITING

Writing of numbers 0 - 10

11 20

21 - 30 31-40

41-50 51-60

61-70 71 -80 81-90

91- 100 Writing alphabets Vowels

Consonants Double sounds

Three letter phonetic words Four letter words Reading folder words

Puzzle words Capitals

Sentences HINDI (Optional) Classified pictures

Fruits

Sandpaper letters

ए,ऐ

ओ , औ अं, अ:

क,ख,ग,घ,ङ च, छ, ज, झ, ञ ट , ठ , ड , ढ , ण

त,थ,द,ध,न प , फ , ब , भ , म य, र, ल, व, श

ष , स , ह क्ष,त्र,ज्ञ

Maths activities

Number rods arrangement Recognising rods 1-5 Recognising rods 6-10

Exercise with number rods Rods with cards

M1 with rods and cards Sand paper numbers 1,3

6,2

Spindle Box

Cards and counters

Memory game Zero Game

Group 2 Introduction to decimal beads

Introduction to Decimal card Association of beads and cards Addition static

Addition Dynamic

Change game Subtraction static

Subtraction dynamic Multiplication

Division Stamp Addition

Stamp Subtraction Stamp Multiplication

Stamp Division

Group 3 Teen Beads

Teen boards Teen beads and Boards

Ten beads and boards Counting 100 chain

Skip counting

Short bead chain

Long bead chain Group 4

Number Board (1 to 100)

Snake game Addition

Addition Strip Board Addition charts

Chart 1 Chart 2 Chart 3

Chart 4 Snake game Subtraction Subtraction Strip Board

Subtraction charts Chart 1 Chart 2

Multiplication with Beads Multiplication Board Multiplication charts

Chart 1 Chart 2 Chart 3

Chart 4 Unit Division Board Division charts Chart 1

Chart 2

Culture activities

GEOGRAPHY Sandpaper globe

Name lesson (land and water)

Name lesson (continents) Name lesson (oceans)

Puzzle map Tracing continents Name Lesson

India map Working with the map

Name Lesson Karnataka map

Name Lesson

Recognising the flags Land and water form Lake and Island

Peninsula and gulf

Bay and cape

Flower

Parts of

BIOLOGY / BOTANY Bird

Frog Horse

Tree Plant

Exercises of Practical Life (EPL) activities

Preliminary activities Carrying a mat

Unrolling and rolling of mats Walking around the mat Carrying and putting down Chowki

Tray Opening and closing Boxes

Bottles Nut and bolt Lock and key

Tray 2 Tray 3 Tray 4 Pouring

Small grains Grains equal glasses

Grains unequal glasses Water into one glass Water equal glasses

Water unequal glasses

Grains into one glass

Spooning Unequal

Care of the environment Dust pan and brush Use of mop

Use of broom Dusting Washing oil mat Cleaning chowki

Cleaning Shelf Care of self Washing Hands

Clothes Polishing glass Dressing frames Press studs

Zipper Large buttons Small Buttons Large hook and eye Small hook and eye Ribbon

Sewing pattern Sewing button Motor skills Churning Punching

Pounding

Grating

Sieving

Stamping

Rolling pin Cutting Snippets Straight line Zigzag line

Ladling Sponging Filler Syringe

Pegging Sorting 1 Sorting 2 Tongs

Beading big beads Beading small beads Kneading atta (dough

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Working with drawer 1 Working with drawer 2 Working with drawer 3 Working with 1 set of cards Working with 2 sets of cards Working with 3 sets of cards

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